

Community Health Needs Assessment Committee
October 24, 2019

Present: Tonya Merrill, Traci Snyder, Lois Tracy, Amber Wogomon, Caesar Wood, Myra Pfeifer, Karrol Closser, Chris Atkins, LeRoy Dickinson, Brandi Bray, and Rose Koerber. Guest: Denise Baumann-Director of Cardiopulmonary.

LeRoy opened the meeting with a welcome and introductions. He encouraged everyone to get a Flu Shot with the rough flu season predicted this year.

November 21st is the "Great American Smoke Out". Denise shared about the Cold Turkey events in the past where she had arranged with local eateries to offer a cold turkey sandwich/entrée along with the participant's name going into a drawing for a turkey if they went the entire day without smoking. Committee discussed high rates of vaping at the high school, college and in the community. A sub-committee will meet and review ideas and make a plan for this year's event: Denise, LeRoy, Lois, Caesar and Amber.

Karrol attended a session on an IRIS Program designed to use an electronic application to wrap people in need with services determined to benefit them. The idea is the person is a seed then they start getting connected to services so leaves grow, with more coordination of added services they are the blooming flower etc. Karrol is going to look into this further if the agencies have a fee to pay. Maybe we will have a person from the program come to offer more information.

LeRoy led in reviewing the Community Improvement Plan for 2019-2022; the plan by Federal mandate had to be completed by September 30th; it is posted on the CCHC website. A community survey had been available this past summer for people to give input; we had fewer responses this year than four years ago yet enough to base our focus for priorities.

Priority Need #1: Accessibility and Availability to Healthcare (please refer to Implementation Plan)

Task:

- 1-New hospital plans are going very well, everything is in motion for the USDA Grant.
- 2-Financial resources for limited income-LeRoy has a listing of Grant Programs in Kansas that he will email to the committee.
- 3-Expanded healthcare availability-Cloud Co. Health Departments expanded hours have been successful seeing approx. 70+ people daily for flu shots/misc. The Family Care Center's Walk-In Clinic is seeing approx. 300 patients a month. The Walk-In Clinic will be open until 2:00pm the day after Thanksgiving and Christmas Eve.
- 4-Transportation-CCHC has provided financial assistance to both the Concordia Senior Citizens Center Transportation and the Occupational Center of Central Kansas (OCCK). Lois, Amber and Tonya are working on a list of Volunteer options for our area

which would include driving people to needed appointments/places. They are planning to have a Facebook Page for Volunteer options by early November.

5-Dental-Brandi is checking into having a dental clinic once a month.

Priority Need #2: Promoting Healthy Lifestyles

Task:

1-Mental Health Awareness-Myra reported that Pawnee Mental Health staff had a table at the Cloud County Health Fair and will also be at the Republic County Health Fair next month. Public sessions with speakers on surviving suicide and the suicide as the silent epidemic are being offered in the area also.

Caesar added that twice a week a counselor from Pawnee comes to the college to see students and they are seeking to fill a full time position there.

Lois provided handouts on the National Alliance on Mental Health (NAMI) and contacts for various organizations to assist people in crisis.

2-Bystander Intervention-Amber volunteered to lead an effort to organize a local training; Tonya will work with her on this project.

3-USD wellness-ongoing task; no one present from the schools today.

4-Nutrition materials-ongoing task.

5-Health Fair promotion-Community Health Fair held October 12 at the college that included lab draws and 23 vendors. Good response from the community and vendors, good location, minor changes to be made for next time.

6-Increase Health Fair awareness in communities on the county-ongoing.

7-Disease management/better living-CCHC has discontinued CHF classes. Amber will contact the River Valley Extension Office if they provide education.

8-Local businesses to expand health screenings for employees-the college, hospital, Senior Citizens Center all have current programs; the city is working towards a program.

9-Expand fitness events-Hood Park July 4th has a run, the school marathon is well received, CCHC hosted a run in the spring.

10-Non-smoking awareness-plans underway for the "Great American Smoke Out"

LeRoy mentioned he had talked with Gary Casper's he said he has an out of town meeting the same time as this meeting; we will need to elect another chairperson in the future.

Round table: Brandi said the flu shots are going well in the office, the clinics in the communities and they will be providing the flu vaccine to school facility, staff and students next week. They have received vaccines to provide for \$5 a shot for people who do not have insurance coverage and are low income.

CHNA will meet again on Thursday, January 16th at 8:15am at CCHC.

The meeting adjourned at 9:20am.

Rose Koerber, Acting Secretary